

Training Concepts, Inc.
473 E. 161st Place
South Holland, IL 60473

Phone: 708-596-3155
Fax: 708-596-1818
Email: MarciaB@LRNCPR.com

Training Concepts News

February
2010

Infant Prestan Manikin—Coming Soon!

We have many instructors that have fallen in love with the Adult Prestan manikins that were released in 2008. The instant compression feedback showing on the manikin has been well received by instructors and students alike. In March of 2010 the Prestan infant manikin will be available and Training Concepts will offer this model for sale. We'll be sure to notify you when it's here, and we will be offering a combination special when you purchase an adult and infant together. For more information about the Prestan manikin, visit: www.prestanproducts.com.

AHA Community CPR Promotion

AHA recently announced that their annual community CPR promotion will take place June 1st through 7th of 2010, coinciding with National CPR & AED Awareness Week. During this week, AHA encourages instructors to offer a free or low-cost CPR class to community members. It's just another way we can help strengthen the chain of survival. Watch your email for more information coming later this spring.

Facts for You!

- February is American Heart Month. It's a great time to raise awareness about cardiovascular diseases. The first American Heart Month was in 1963, thankfully this tradition still continues.
- AHA has launched a new Hands Only CPR campaign. Visit www.handsonlycpr.org for more information.

AHA H1N1 Recommendation

Historically the peak flu season for North America is in February each year. H1N1 may still be very active even among some of your CPR students. American Heart Association has issued a statement with the following recommendations for your safety and your students' safety:

- Follow public health advice concerning school closings and public gatherings.
- Participants and instructors should postpone CPR training if they are known to be in the active stages of infectious disease, have reason to believe they were exposed to an infectious disease, or have dermatologic lesions on their hands, mouth, or surrounding area.
- The risk of transmission of infectious agents during CPR training is minimized by two important practices.
 - Avoid contact with any saliva or body fluids present on the manikins.
 - Thoroughly clean each manikin with routine decontamination procedures as outlined in your instructor manual.

Class Rosters

All instructors must turn in any class rosters to our office on a regular basis. If you have rosters that have not been sent, please get them to our office ASAP! ALL the components on the front and back must be marked so that we can enter the class correctly in our database. Remember to include the test score on the back if it was a Healthcare Provider class. Before we will fill new card orders, we will check that rosters have been received for previous card purchases.

Time to Renew?

Please be aware of when your instructor certification expires. Training Concepts generally runs two instructor renewal classes per month. To view and RSVP for upcoming classes you can visit the Class Schedule link on our website, LRNCPR.com. If you renew before your card expires the cost is only \$30.

AHA on Facebook

Become a fan of the American Heart Association on facebook. Visit www.facebook.com/americanheart

Postage Increase

The US Postal Service may be increasing their postage and shipping prices again in May of 2010. This means that Training Concepts will also be increasing our shipping prices. You can always find an up-to-date shipping price chart on our website, LRNCPR.com.

Training Center Notes

- *Training Concepts has office hours Monday through Friday from 9am through 4:30pm. We are occasionally out of the office teaching, in which case we may not be able to return your call for 24 to 48 hours.*
- *We will have limited office hours March 12 through March 20. Please plan ahead if you will need supplies or cards during that time.*
- *Please remember you can find current rental pricing and order forms on our website, LRNCPR.com, under Instructor News & Resources and then by clicking on the Supply and Rental Pricing link.*

Do You Speak Spanish?

Training Concepts occasionally gets requests for Spanish-speaking instructors. We would like to put together a referral list of instructors that are bilingual and are interested in teaching CPR and First Aid in Spanish. If you would like to be part of this list and are fluent in Spanish, please email susan@LRNCPR.com.

AHA 2010 Guidelines

American Heart Association will be announcing their 2010 guidelines in November of 2010. As your training center, we will be trained by the end of 2010. During the 1st half of 2011, we will offer update courses. All instructors must attend a mandatory update in early 2011 and start teaching the new guidelines by mid 2011. If you are budgeting for 2011, plan on budgeting for new books and DVDs. As more detailed information becomes available, we will let you know!

ECC Conference

The Emergency Cardiovascular Care Update will be held in San Diego, CA from December 8th-11th, 2010. This is a chance to join together and learn more about hot topics, scientific studies and the AHA 2010 guidelines. For more information about this conference, you can visit www.eccu2010.com. Your Training Concepts team will be there!