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# Training Concepts News

May  
2009

## WHAT'S HOT?

**Bloodborne  
Pathogens  
Course**

**Online Class  
Listings**

**Training One  
Million People**

**2010  
Guidelines**

**New STEMI Book**

**Affiliation Fee  
Invoicing**

**[www.LRNCPR.com](http://www.LRNCPR.com)**

## AHA Adds NEW Bloodborne Pathogens Course

In March, American Heart Association released a Bloodborne Pathogens course and as an AHA instructor you are able to teach this course. The course meets the OSHA training standards when paired with site-specific instruction. There is flexibility in training with both online and classroom options. It is up to you to purchase the needed materials and review them before teaching this class. Contact our office to order the Instructor manual with DVD and mandatory student books. Click on the 'Instructor Resources & News' link on our website, [www.LRNCPR.com](http://www.LRNCPR.com), to read more about it.

## List Your Classes Online

AHA has recently launched a new tool, the ECC Class Connector, for the general public to search by zip code for CPR and First Aid courses. To list your classes on their website you need to be registered on [www.ahainstructornetwork.org](http://www.ahainstructornetwork.org). The best way to learn about this new tool is to download and read the User Guide that AHA has put together. Visit the 'Instructor Resources & News' page on [www.LRNCPR.com](http://www.LRNCPR.com) to download the guide. Contact our office with questions about registering on [ahainstructornetwork.org](http://ahainstructornetwork.org) or listing classes.

## Help Train 1,000,000 People

In honor of National CPR & AED Awareness Week, AHA has set a goal to train one million people! They have launched a fun website devoted to tracking the training that is done in the United States. Visit [www.americanheart.org/CPR&AEDweek](http://www.americanheart.org/CPR&AEDweek) anytime between now and the end of June to add your training numbers. Maybe even schedule an additional class between June 1 and 7 to promote this awareness week.

## Facts for You!

- Only 6.4 percent of sudden cardiac arrest victims survive because the majority of people witnessing the arrest do not know how to perform CPR.
- Coronary heart disease is the number 1 cause of death in the United States. Stroke is the number 3 cause of death in the United States and a leading cause of serious disability.

**Q:** Can my family learn CPR without attending a course?

**Q & A:** Yes, AHA has a course specifically designed for people that want to learn, but don't have time to attend a course. The CPR Anytime program, available for both Adult/Child and Infant, comes packaged as a kit with an inflatable manikin, DVD and a few other items to help facilitate learning at home. Call Training Concepts, to order a kit today.

## Annual Affiliation

We will be mailing invoices for our annual affiliation fee in June. If you need to request a check or a purchase order, please do so ahead of time. The fee will remain at \$60 for individual instructors and \$250 for pre-determined groups of five or more. We appreciate your attention to paying this fee in a timely manner. After invoices have been sent, you will not be able to purchase supplies and cards until the fee is paid.

## New STEMI Book

The STEMI Manual and ECG/ACS ruler are products to address the need to train EMS in the early recognition of STEMI. This manual is a self-study booklet that enables pre-hospital and ER personnel to increase the assessment, diagnosis, treatment and survival rate for STEMI patients. This booklet is a great resource to further your learning and is available from Training Concepts for \$40.

## www.LRNCPR.com

Remember to occasionally check our Training Concepts website, [www.LRNCPR.com](http://www.LRNCPR.com). We continue to add news and resources that are helpful to our instructors. You'll also find up-to-date paperwork.

**Visit today to download:**

- An updated course roster
- An updated evaluation form
- Order forms for cards, supplies and rental equipment.

## TC Office Notes

- *Please remember that payment is expected when supplies or cards are ordered. We do accept MasterCard and Visa. We also will accept purchase orders from facilities. Personal checks must clear for payment before orders are sent out.*
- *While we continue to remain flexible with pick-ups and drop-offs we would like to remind you that our hours are Monday through Friday from 9am to 5pm if we are not out teaching. If you need to come by the office please be sure to pre-arrange a time with us.*
- *If you've changed your email address or have moved, be sure to contact our office to update your information.*

## AHA 2010 Guidelines

We've had a number of people ask about when guidelines are going to change again. AHA releases new changes every five years after they've looked at many scientific studies. The next release will not be until November 2010 and the changes will not be implemented in your teaching until the beginning of 2011. Training Concepts will hold classes to update all instructors at that time.

## Online Classes

AHA continues to add classes to their e-learning website, [www.onlineaha.org](http://www.onlineaha.org). New and renewal students can complete part one of a class (HCP, HS CPR/AED or Adult First Aid) on the website and then have an instructor oversee a skills demonstration. Please verify their completion certificate and then issue the card after they've completed the skills test. You will need to turn in a class roster for skills testing as well.

## Agonal Breathing

Often the concept of agonal breathing is difficult for a lay person to understand. AHA has developed a short video link to train instructors how to better teach our students. To access this teaching tool click the 'Instructor Resources & News' link on [www.LRNCPR.com](http://www.LRNCPR.com) to find a link to this tool.