

## AHA Course Listing

Course	Modules Available	Length	Description	Audience	Card Type
BLS for Healthcare Providers	<ul style="list-style-type: none"> <li>▪ Adult/Child/Infant CPR</li> <li>▪ Adult/Child AED</li> <li>▪ Adult/Child/Infant Choking</li> <li>▪ Adult/Child/Infant Breathing with Mask and Bag</li> </ul>	Approx. 4 hours	The BLS for Healthcare Providers Course covers core material such as adult and pediatric CPR (including two-rescuer scenarios and use of the bag mask), foreign-body airway obstruction, and AED.	For healthcare providers, EMS personnel, physician assistants, doctors, dentists, nurses, and respiratory therapists who must have a credentialed card documenting successful completion of a CPR course.	BLS for Healthcare Providers Course Completion Card
Heartsaver CPR AED	<ul style="list-style-type: none"> <li>▪ Adult CPR AED with a mask</li> <li>▪ Adult Choking</li> </ul> <p>Optional:</p> <ul style="list-style-type: none"> <li>▪ Child CPR AED</li> <li>▪ Infant CPR</li> <li>▪ Child/Infant Choking</li> </ul>	Approx. 3 ½ hours	The Heartsaver CPR AED course teaches CPR, AED use, relief of choking in adults and children, and infant CPR and relief of choking, as well as use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities of regulatory requirements.	Heartsaver CPR AED Course Completion Card
Heartsaver First Aid	<ul style="list-style-type: none"> <li>▪ First Aid Basics</li> <li>▪ Medical Emergencies</li> <li>▪ Injury Emergencies</li> <li>▪ Environmental Emergencies</li> </ul>	Approx. 4 hours	The Heartsaver First Aid course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes general principles, medical emergencies, environmental emergencies and injury emergencies.	For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory requirements.	Heartsaver First Aid Course Completion Card

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<p>Heartsaver First Aid CPR AED</p>	<ul style="list-style-type: none"> <li>▪ First Aid Basics</li> <li>▪ Medical Emergencies</li> <li>▪ Injury Emergencies</li> <li>▪ Environmental Emergencies</li> <li>▪ Adult CPR AED</li>   <li>Optional:</li> <li>▪ Child CPR AED</li> <li>▪ Infant CPR</li> <li>▪ Child/Infant Choking</li> </ul>	<p>Approx. 7 hours</p>	<p>The Heartsaver First Aid CPR AED course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes First Aid as well as CPR and AED</p>	<p>For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory requirements.</p>	<p>Heartsaver First Aid CPR AED Completion Card</p>
<p>Heartsaver Pediatric First Aid</p>	<p>Pediatric First Aid</p> <p>Optional:</p> <ul style="list-style-type: none"> <li>▪ Adult/Child CPR with Mask</li> <li>▪ Adult/Child AED</li> <li>▪ Other Pediatric First Aid Topics</li> <li>▪ Infant CPR with Mask</li> </ul>	<p>Approx. 4 hours (only First Aid)</p> <p>Approx. 6 hours (First Aid &amp; CPR)</p>	<p>The Heartsaver Pediatric First Aid course teaches how to manage illness and injuries in a child in the first few minutes until professional help arrives. Topics include first aid basics, medical emergencies, injury emergencies, environmental emergencies, optional first aid topics, and CPR and AED.</p>	<p>For those involved in child care who have a duty to respond to a first aid emergency because of job responsibilities of regulatory requirements, such as child care workers, teachers, foster care workers, camp counselors, youth organizations, and coaches for children's sports organizations.</p>	<p>Heartsaver Pediatric First Aid Course Completion Card</p>

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<p>Family &amp; Friends CPR</p>	<ul style="list-style-type: none"> <li>▪ Adult/Child CPR and Choking</li>   <li>Optional:</li> <li>▪ Infant CPR and Choking</li> <li>▪ AED</li> </ul>	<p>Approx. 2 hours</p> <p>Approx 1 ½ hours (Adult/Child only)</p>	<p>The Family &amp; Friends CPR program teaches how to perform CPR in adults, children, or infants and how to help an adult, child, or infant who is choking.</p>	<p>Family members, friends and members of the general community who want to learn CPR but do not need a course completion card. This course also can be a non-credentialed option for middle- and high-school students.</p>	<p>Participation Card</p>
<p>Family &amp; Friends First Aid for Children</p>	<p>Child First Aid and Environmental Emergencies</p>	<p>Approx. 45 minutes</p>	<p>The Family &amp; Friends First Aid for Children program teaches how to manage illness and injuries in a child for the first few minutes until professional help arrives. This program covers such topics as preventing injuries, recognizing and treating basic first aid emergencies, and relief of choking in infants and children.</p>	<p>For those caring for infants and children, such as family members, babysitters, and other providing in-home care, who want basic first aid information but who do not need a credentialed completion card.</p>	<p>Participation Card</p>
<p>Heartsaver Bloodborne Pathogens</p>	<ul style="list-style-type: none"> <li>▪ General OSHA Standard for bloodborne pathogens training</li> <li>▪ How to protect yourself</li> <li>▪ How to act appropriately</li> <li>▪ How to clean up</li> <li>▪ How to properly report</li> </ul>	<p>Approx 1 to 1 and ½ hours</p>	<p>The Heartsaver Bloodborne Pathogens course is designed to meet OSHA requirements for bloodborne pathogens training when paired with site-specific training. The course is available in both classroom and online versions.</p>	<p>Designed specifically for the workplace/health and safety market who must be trained annually in bloodborne pathogens.</p>	<p>Participation Card</p>