

Modifications to 2010 Guidelines DVDs

Healthcare Provider

ADD:

- Hands-Only CPR explanation. See LRNCPR.com>Instructor Resources & News>Hands Only CPR Information for a handout.

Heartsaver CPR AED DVD

ADD:

- Hands-Only CPR explanation. See LRNCPR.com>Instructor Resources & News>Hands Only CPR Information for a handout.
- AED special situations
- Choking for extra large person & person alone

Heartsaver First Aid DVD

Please see First Aid changes in 2010 AHA Guidelines Highlights pages 27 and 28.

ADD:

- Epi-pens; explain more about using two if needed
- Aspirin dosage
- Jelly fish stings

EDIT/DO NOT SHOW PARTS OF:

- Tourniquet chapter. EXPLAIN this would not be done by layperson unless trained etc. Pressure alone unless uncontrollable gushing bleeding in an extremity!
- Heat stroke. DO NOT immerse anyone in a pool of water up to their neck. Call 911 and cool off quickly by soaking their clothes. The victim has heat stroke when they have stopped sweating and their body temperature is rising.